

# Chronic Care Professional (CCP) Certification

*“While the world is experiencing a rapid transition from acute diseases to chronic health problems, training of the healthcare workforce, however, relies on early 20th century models that emphasize diagnosis and treatment of acute diseases.”*

**WHO, Preparing a 21st Century Health Care Workforce (2005)**



## Preparing for Success in the New Health Care Environment

Today, chronic conditions are the primary threats to health and account for over 75% of health care spending in the US. According to the World Health Organization (WHO) and the Institute of Medicine (IOM), preventing and managing chronic diseases require new practice models and new competencies for all health care professionals. These new WHO and IOM interdisciplinary competencies are the foundations of CCP.

## The Only Recognized Chronic Care & Health Coaching Certification

CCP is offered in the US and abroad through government, association, and organization partners. In the US, CCP is offered jointly with with DMAA: The Care Continuum Alliance. The award-winning CCP program is helping professionals apply innovative patient-centered wellness and disease management strategies, improve adherence with evidence-based care, collaborate across settings and disciplines, and engage patients through motivational interviewing (MI) and coaching strategies that reflect the science and best practices of health psychology and behavioral medicine.

## Newly Updated & Revised 4th Edition

The 4th Edition of the CCP program features the contributions of an interdisciplinary professional advisory board, and incorporates five years of evaluation data from partner organizations and participants. Evidence-based guideline summaries and tools for over 25 chronic diseases and conditions, MI protocols for patient engagement and activation, and a web-based KnowledgeSpace with the largest online library of MI video demonstrations and patient vignettes have also been added.

## Live and Web-Based Delivery Options for Individuals & Organizations

The CCP program may be completed by individuals and teams via the web-based CCP KnowledgeSpace, or, through a blended learning format (1.5 day live program and web-based program) for teams of 25 or more. Organizations are eligible for CCP staff accreditation--demonstrating to purchasers and consumers that staff have completed a standardized, evidence-based curriculum and passed a national examination in accordance with the recommendations of the IOM and WHO.

## Special Registration Fee for Upcoming India Event

HealthSciences Institute and the Chronic Care Foundation of India are planning a CCP event in India at the special rate of \$647.50 US. Registrants will attend a 1.5 day learning session, and later complete a 40-hour online program and final certification exam. The usual tuition fee for the blended program and examination is \$1,295.00 US.

**For details, please contact [ceo@chroniccareindia.org](mailto:ceo@chroniccareindia.org)**

**Learn more at [www.HealthSciences.org](http://www.HealthSciences.org)**

## CCP Program Curriculum (4th Edition)

### Evaluating Health Care Performance

Health Care Improvement Solutions  
Chronic Care Improvement

### Population Health Improvement Solutions

Wellness and Disease Prevention  
Disease Management  
Case Management  
Health Improvement Foundations  
Outcomes Measures and Standards

### Chronic Diseases & Age-Related Conditions

The Big Five Chronic Diseases  
Key Chronic Diseases and Conditions  
Age-Related Conditions  
Issues of Late-Life

### The Partnership Model of Care

Self-Care and Adherence Support  
Whole Person Care  
Health Literacy Improvement  
Cultural Competence

### Health Behavior Change Facilitation

Orientation to Health Behavior Change  
Models of Behavior Change Facilitation  
Change Communication  
Behavior Change Facilitation Steps

### Health Promotion and Coaching

Orientation to Health Coaching  
Diet and Nutrition  
Obesity and Weight Management  
Physical Activity and Fitness  
Self-Care for Caregivers

**HealthSciences Institute**  
3200 N. Lake Shore Dr. Suite 1001  
Chicago, IL 60657  
1-866-640-6060

**Chronic Care Foundation**  
R-39, New Delhi South Extension -II  
New Delhi- 110049, India  
Phone No. +91 11 64530403  
URL: [www.chroniccareindia.org](http://www.chroniccareindia.org)

